#### TOPIC:

## "Skillful Acupuncture"

Acupuncture is widely practiced in America. We all know that acupuncture can get excellent clinical results; but how to achieve that? How to make our needle technique better and more effective? Do we still practice traditional chinese acupuncture techniques? What are the ancient acupuncture needle techniques? Dr. Yuan Wang will review in detail, as well as demonstrate, the most effective methods and 'skillful techniques', ancient and modern.

This course will be of great value to help practitioners to improve their needle techniques including needle selection, needle insertion angles direction and depth, "de qi" method, difficult points, and needle combinations.

#### SCHEDULE

12:00 - 2:30: General introduction, the key concepts, study of a cliinical case with video

2:30 - 3:00: Break

3:00 - 4:30: "De Qi", it's nature and functions. Ancient needle techniques. Shanghai system, Scalp acupuncture, MS system, and "Ba Gua" system.

4:30 - 5:00: Break

5:00 - 6:00: Clinic case discussion, demonstration, and practice.

#### SPEAKER

### Dr. Yuan Wang

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Date/Time: Sunday, January 16th 12:00 noon to 6:00 p.m.

Location: R.B. Swim and Tennis Club

Tel: (858)487-5002

**Directions:** From Freeway 15, exit onto Rancho Bernardo Road, going East. The Club is on the left hand side at the (North-East) corner of Rancho Bernardo Road and Bernardo Oaks Drive.

Please be punctual: CEU Credits can only be awarded for full attendance.

#### ABOUT THE SPEAKER

Dr. Yuan Wang is currently an instructor and supervisor in the Doctoral Acupuncture degree program at PCOM. She has been teaching for over 20 years, since graduating from Chengdu College of TCM in 1983. A published author, in China she helped to write textbooks and design course curriculum; and belonged to the editorial board of the 'Great China Encyclopedia, Column of Medicine'. Dr. Wang has also been active in research: at Chengdu College, she participated in numerous research programs, including stroke, cancer, diabetes, and menstrual disorders. She has been a favorite speaker at past seminars.

#### SEMINAR SCHEDULE

• FIVE SEMINARS • 6 CEU'S PER SEMINAR

#1: January 16

(#2: March 20) (#3: May 15) (#4: September 18) (#5: November 20)

#### **SEMINAR FEES:**

• Annual Membership Fee: \$300.00

Note: Your Membership Fee always includes a \$50. political action donation to CAOMA.

• Single Seminar Fee: \$85.00

Single Student Seminar Fee: \$50.00
Student Membership Fee: \$150.00

# S.D. {Local Chapter} CAAM Board Members and Contact Information:

Dr. Yeqing Chen (858)560-1828 President
Dr. Mary Cen (760)744-4988 Vice-President
Dr. Barnett, Michael (858)503-6739 Vice-President
Dr. Tang, Shengying (858)560-1828 Treasurer

#### WHO ARE WE???

We are California State Licensed Acupuncturists, just like you! We seek to support our Acupuncture Profession by providing minimal cost, local, and high quality Continuing Education seminars for San Diego-based Acupuncturists.

We are currently affiliated with a respected Acupuncture Association, the "California Alliance of Acupuncture Medicine", or "CAAM". We chose to affiliate with CAAM because it is a politically active and ethical non-profit Acupuncture Association; and "many chopsticks together can't be broken," as the saying goes. Our San Diego association operates autonomously as a "Chapter" of this Alliance.